

## **Bat Mitzvah Club**

Dear Parents,

Welcome to Chabad of Reston-Herndon's Bat Mitzvah Club!

Our club is a unique program designed for Jewish girls nearing Bat Mitzvah age. A Jewish Bat Mitzvah birthday, at 12 years old, is an important time in a girl's growth. A Bat Mitzvah symbolizes the turning point in a Jewish girl's life as she enters her teen years, and begins to explore her identity. The Bat Mitzvah Club Program emphasizes this important stage in her life and regards it as a process of learning and discovering, rather than just an ordinary birthday celebration.

Our Bat Mitzvah Club serves as a forum for discussion and discovery of the true meaning of becoming a Bat Mitzvah. It encourages the girls to learn more about this unique time in their lives, and to gain new perspectives on their position as females, as young adults, and as Jews. Members enjoy a combination of learning and fun through regular meetings, special programs, activities, projects, and involvement in the Jewish community.

The club is also an opportunity for members to share interests, hobbies, and develop friendships and a sense of unity with other Jewish girls their age. The club leader will infuse each club meeting with positive energy and a unique connection to Jewish concepts and ancestry. Joining the Bat Mitzvah Club will provide your daughter with Jewish pride, confidence and knowledge.

The BMC is open to girls in 6th and 7th grades. Girls joining as 7th graders need not have joined the prior year. This year's curriculum will focus on learning about the Jewish lifecycle. Our projects and activities will center around giving to our community. At this stage the girls know the importance of thinking of others and the good feeling they are rewarded with when they have the opportunity to give. If you or your daughter feels close to a cause/charity that you would like to help in some way (other than actual fundraising) please let us know and we will try to incorporate it into our curriculum.

It is an exciting curriculum, filled with beautiful Jewish traditions and fascinating discussions. Throughout the year members will gain a strong sense of being part of our vibrant heritage, past and present.

Enclosed you will find a registration form for application to the Bat Mitzvah Club. Please feel free to contact me with any questions and comments.  
Tel: 571-594-6489, or [nfajmland@yahoo.com](mailto:nfajmland@yahoo.com).

I look forward to hearing from you!

Sincerely,  
Nechamie Fajmland

## ***Bat Mitzvah Club***

### ***General Meeting Information***

The Bat Mitzvah Club meets approximately 9 - 10 times throughout the school year (about once a month). Our meetings take place on a designated evening. Dinner and refreshments are served at each meeting. Please contact us for more information on location and times.

Typically, each meeting focuses on an important Biblical Jewish woman of our history. We talk about her family, life, the trials she lived through and what gave her courage to face the difficult challenges of her time. Depending on the meeting's topic and discussion, a related activity (e.g. cooking, baking, etc), game and craft is planned accordingly. This way the women of our past become alive in our minds and their lessons and legacy become a part of our lives.

### ***Registration Information:***

- The Bat Mitzvah Club is for Jewish girls, in 6th and 7th grade.
- The Bat Mitzvah Club is designed for girls nearing Bat Mitzvah age to learn about this special stage in their life. Meetings include dinner, learning, discussions, activities, crafts and more.
- The club fee is \$225 for the year. (Checks should be made payable to Chabad of Reston-Herndon.) Payment may be made in full by the first meeting or with 2 headchecks given at the first meeting.
- Please complete and send in the registration form with a \$50 deposit in order to secure a place in the Bat Mitzvah Club. This deposit is applicable towards the club fee.
- The Club will meet on one Sunday evening each month from 5-7 pm.
- No child will be turned away for lack of funds.

### ***Applicant Requirements:***

- The only pre-requirement of applicant is that she has a positive attitude about becoming a member in the Bat Mitzvah Club.
- It is not required that applicant have any previous Jewish education.
- It is not required that applicant and her family belong to a synagogue.

**BAT MITZVAH CLUB REGISTRATION FORM**

Name: \_\_\_\_\_ Hebrew Name: \_\_\_\_\_

Parents Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Parent E-mail Address: \_\_\_\_\_

Age: \_\_\_\_\_ Birthday: \_\_\_\_/\_\_\_\_/\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Applicant has been a student at a Hebrew Day School or at a Hebrew School affiliated with a synagogue.

Name of School attended: \_\_\_\_\_

Year(s) attended: \_\_\_\_\_

Are both parents Jewish by birth?

Explain: \_\_\_\_\_

Is the applicant Jewish by birth?

Explain: \_\_\_\_\_

Does applicant's family belong to a synagogue? \_\_\_\_\_

Name of synagogue \_\_\_\_\_

We are not affiliated with any synagogue

**Bat Mitzvah Club Membership Fee - \$225**

Amount Enclosed: \_\_\_\_\_

Applicant's Signature: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Please consider sponsoring another child in our club.

I would like to help sponsor a Bat Mitzvah club membership by donating \$\_\_\_\_\_.

Thank you for your generosity.